

Milwaukee County Senior Meal Program

Congregate Lunch Menus

August-08

Monday	Tuesday	Wednesday	Thursday	Friday
				8/1/2008
			Suggested Donation \$2 per Meal Your Support Helps Thank You!	Tomato Juice Chicken Salad Potato Chips Peach Cottage Cheese Salad Sesame Seed Hard Roll Chocolate Swirl Ice Cream Cup D. Golden Delicious Apple
8/4/2008	8/5/2008	8/6/2008	8/7/2008	8/8/2008
African World Festival Lemonade Smothered Chicken Thigh/Leg B. Smothered Chicken Breast/Wing Macaroni and Cheese Spinach Salad with Bacon Dressing Corn Bread Watermelon	Pineapple Juice Boneless Pork Loin with Lite Gravy Sage Stuffing Green Beans Split Top Dinner Roll Grapes	Beef Short Rib in Gravy Wisconsin Cheesy Potatoes Wisconsin Blend Vegetable Crusty Roll Chocolate Brownie D. Fresh Plum	Honey Baked Ham Sweet Potatoes Catalina Blend Vegetable Light Rye Bread Chilled Pineapple	STATE FAIR Corn Dog Wisconsin Corn on the Cob Cucumber Salad with Vinegar Dressing Catsup and Mustard Nacho Cheese Sauce 2 Butters Blue Ribbon Apple Pie D. Cinnamon Apple Slices
8/11/2008	8/12/2008	8/13/2008	8/14/2008	8/15/2008
Grape Juice Polynesian Meatballs Seasoned Brown Rice Sweet Peas Mixed Romaine Salad with Tomato and Ranch Dressing Multi-Grain Bread Chilled Peaches	Tomato Juice Ham Salad Sandwich Sun Chips Peach Cottage Cheese and Salad on Lettuce Kaiser Roll Oatmeal Raisin Cookie D. Lorna Doone Cookie	Oven Fried Chicken Leg/Thigh B. Oven Fried Chicken Breast/Wing Red Skinned Mashed Potatoes Mixed Greens with Raspberry Vinaigrette Dressing Whole Wheat Bread Cantaloupe	Stuffed Green Pepper with Tomato Sauce Mashed Potato Whole Kernel Corn Wheat Dinner Roll Strawberry Sundae Cup D. Strawberries	IRISH FEST Baked Salmon with Irish Dill Sauce Boiled Potato O'Brien Whole Baby Carrots Cabbage Slaw Baking Powder Biscuit Blarney Stones a (Rice Krispie Treat) D. Angel Food Cake
8/18/2008	8/19/2008	8/20/2008	8/21/2008	8/22/2008
Roast Pork with Lite Gravy Twice Baked Potato Casserole Corn and Zucchini Medley Whole Grain Bread Double Chocolate Chip Cookie D. Lorna Doone Cookie	Cheeseburger B. Garden Burger Baby Bakers Mixed Vegetable Whole Wheat Hamburger Bun Shredded Lettuce, Tomato and Pickle Slices, Catsup and Mustard Banana	Chicken Cordon Blue Seasoned Blended Rice Prince Charles Vegetable Blueberry Muffin B. Nectarine	Tuna Salad on Lettuce Tomato Wedges 4 Bean Salad Rye Roll Honey Dew and Melon Chunks	MEXICAN FIESTA Orange Pineapple Juice Deep Dish Enchilada Mexican Corn Creamy Coleslaw Dinner Roll Sour Cream Rainbow Sherbet
8/25/2008	8/26/2008	8/27/2008	8/28/2008	8/29/2008
Homestyle Meatloaf with Lite Mushroom Gravy Whipped Garlic Mashed Potatoes Cauliflower Broccoli Mix Potato Bread Pistachio Fruit Fluff D. Fruit Cocktail	Bratwurst Grandma's Potato Salad Baked Beans Brat Bun Ketchup, Mustard, Kraut Frozen Raspberry Yogurt	Baked Chicken Thigh/Leg with Supreme Sauce B. Baked Chicken Breast/Wing with Supreme Sauce Garlic Infused Rice Peas and Carrots Corn Bread Cinnamon Applesauce	Trio Salad Plate on Lettuce (Egg Salad, Crab Salad and Vegetable Pasta Salad) Carrot and Celery Sticks Bran Muffin Ranch Dressing Pineapple Tidbits with Mandarin Oranges	Harley Davidson Celebration BBQ Country Style "Hog" Rib Italian Roasted Baked Potato Wedges Corn on the Cob Vienna Bread Extra Butter Watermelon